



## Toltec Wisdom

### Practice Makes the Master

Our current culture and society delivers the message that immediate gratification is what we all seek. Commercials and sales methodologies are based on the quick fix principle. We are taught to look outside ourselves for the answer to what ails us. "Take this pill and your trouble will go away." The message to find the magic pill for a magic solution is deeply imbedded in society's dream. Such dreaming is in many of our fairy tales. We want the result. We want it now!

Magic does happen. Wonderful glorious transformational experiences exist. The source of the magic however, is not outside. It is in fact, inside. We all have the power to manifest that which we desire. We can change ourselves and as a consequence, we change the world. We can become the master of our experience. We learn to create the experience of life we desire. We can learn how we create suffering for our self and transform our creating into expressions of love and joy. Such transformation does not manifest through the use of a pill or magic wand. Many have tried such approaches only to find the chemical influence only blurs and hides the internal suffering temporarily. This is not "real" magic. "Real" magic comes from within. It is our divine nature, our life force energy that heals.

There is only one way to release the genie from the bottle and obtain the magic of life, love and healing. Many do not choose the path. Thus it is called, "The path least traveled." For you see, the way to health, wholeness, peace and serenity requires letting go of many things we hold to be true. One is the notion that we can transform and be well without doing anything. Action is required to manifest change. Looking inside ourselves, seeing what is going on and acknowledging the stuff in our thinking, our sources of discontent; this is the action required.

Ideas, notions, concepts and methods of practice are of no value without action and implementation of what is presented. Willingness to act and do that which is required is how freedom from suffering shows up in our life. We can never become free by simply listening and watching others transform. It is the action, the doing of that which we see others do to become free. Action brings forth our freedom.

Allowing for the possibility that taking action will produce freedom from discontent and suffering is required. Willingness is the key. Willingness and allowing for the possibility are gateways to our infinite potential. Follow the willingness with action and wonderful glorious freedom will manifest in your life.

Practice, practice, practice. After some rest practice some more. This is how we transcend the human experience. This is how we become free of emotional suffering and the habitual pattern of discontent. Practice Makes the Master. With practice you will become the master of your experience and live in bliss.

*Practice and join me in the manifestation of heaven on earth. Our true calling.*

*- Gordon Eagleheart*