



Toltec Wisdom

The Parasite

Children are beautiful teachers. Watch a young child and study how they interact with the world. Someone around two years of age has mastered much of their human body. They can walk, run and some can skip! Our society calls this age the “terrible twos” because children at this age are wild and free. They have yet to be domesticated. They do not know the rules of the tribe. They want to live life, have fun, explore, discover, pretend and experience as much as possible. They are authentic, free and wild, until they are trained to be something else.

We train our young using the same methods we use to train our livestock. We domesticate our young using punishment and rewards. Few question this methodology and fewer still recognize it as the source of most human suffering. When we are trained to be an adult, we are taught to be what we are not. We are taught what to believe and we are taught to judge ourselves in order to fit into the ways of the tribe. The result of this process is the introduction of a “way of thinking and believing” which is disharmonious with the human spirit. As a consequence of the domestication we learn to suffer and become a victim of our beliefs. We suffer because we believe in lies which were taught to us by others.

The Toltec have a name for the system of beliefs we have accepted as truth, the judge in our head and the victim we become as a result of our thinking. The Toltec call this collection, the Parasite. **The Parasite** can be thought of as the mind based sense of self. It collects data, makes judgments and punishes the self. It is the voice in one’s head that criticizes, states how unfair things are and passes judgment. It is called a parasite because it is not the host, it needs energy from the host to continue and it does not provide anything of value to the host.

The Parasite is introduced to young, wild and free humans during the “training” time. During our domestication process we are taught how to judge by experiencing others judging us. We were young and innocent and believed that what was being done to us was the “truth” of being human. We did not know that we were being taught a collection of lies that have the intent of imprisoning the human spirit. Even the adults who teach the lies do not know they are teaching lies. This is how we continue to poison each other with emotional venom. Most humans do not know they have a parasite, consuming their life force, creating emotional pain and suffering. Most humans think it is the natural state because so many suffer from the same affliction. Most humans do not know what they really are, they believe they are what they are not. They believe the lies of the parasite.

A Toltec spiritual warrior learns to identify the parasite within the human consciousness. The parasite feeds on fear. It must be taught to feed on love or die.

Knowing the Parasite was given during our innocence and how it feeds on fear provides the spiritual warrior with awareness for transformation.

- Gordon Eagleheart