



Toltec Wisdom

LOVE & FEAR

All humans are creators. We are in a partnership with the universe while we manifest our experience. Our creation process is a flow of energy which is directed or channeled by our intent along two possible pathways. One can imagine our intent as a valve which allows us to direct our manifestation energy down two distinct pipelines. We can direct our intent through Love or through Fear.

When we channel fear, we manifest all the creations which come through Fear. We bring forth anger, envy, jealousy, sorrow, regret, greed, arrogance, self-pity, guilt, resentment, inferiority, lies, false pride, superiority and ego. The ego is full of fear and is most afraid of truth which manifests through Love.

When we channel Love, we manifest all the creations which come through Love. We bring forth joy, peace, hope, contentment, serenity, humility, kindness, empathy, benevolence, generosity, compassion, truth and love. Awareness of what one is creating at any given moment provides the spiritual warrior with choice. Choice provides opportunity for change. Thus, awareness creates opportunity for transformation of how we manifest our intent.

When one is creating expectations of self or others, one is manifesting through Fear. Expectations are judgments of how things “should” turn out. Expectations are a manifestation of the mind which comes from Fear. Love has no expectations. Love is acceptance. Love is a joyful dance in whatever will be will be. When we are expecting we are not accepting.

Fear is full of obligation. When we act from obligation, we suffer. When we fail to act on obligation we feel guilty. Obligation is the whip of the human mind. Obligation is a control mechanism of the mind which is manifesting through Fear. Love has no obligation. Love manifests action in its purest form. Love is the most efficient utilization of energy. When we act through Love. Joy is in the doing.

Fear respects nothing, including itself. When we feel sorry for others or pity others, it means we do not respect them. Feeling sorry for others makes one feel superior and therefore safer. Feeling sorry for others or self is not respectful of the human spirit. Love has respect, not only for others but also for the self.

Fear is impatient. When we experience impatience we are manifesting the emotion from an orientation of Fear. Impatience is in harmony with expectation and disharmonious with Love. Love is patient and accepts what is.

Fear is closed and full of self involvement. Fear is too self-involved to be kind. Love is open. Love is kind. Love flows in harmony with all life.

By mastering awareness of one's intent, the spiritual warrior becomes a master of transformation and manifests experiences through Love, creating “heaven on earth”.

- Gordon Eagleheart